

VOGUE DAILY

BEAUTY

Off-Peak

by Evelyn Crowley



Photo: ImageStudioZ.com

Peacepups Dog Sledding*Stowe Mountain Lodge*

Still humming with adrenaline after that last run? Ask Stowe Mountain Lodge's Alpine Concierge to arrange an early evening, Siberian husky-powered expedition across the alpine trails that encircle the base of Mount Mansfield. Quality time with your pack of four-legged guides included. Afterwards, pop into the spa for the Sacred Nature Ritual, a rejuvenating treatment that consists of a rain shower, hydrating body exfoliation, and massage.

7412 Mountain Road; stowemountainlodge.com; peacepupsdogsleding.com

Sledding & Snowshoeing*Umiak Outdoor Outfitters*

Take advantage of Stowe's breathtaking cross-country terrain with one of Umiak Outdoor Outfitters' sledding and snowshoe tours. A three-hour daytime trek (mostly uphill) promises a rigorous quad workout, while the more leisurely moonlight jaunts include a wine-and-cheese stop at a remote maple sugarhouse.

849 S. Main Street; for reservations, call 802.253.2317