

GROWING YOUNGSTERS

starters

- 🍎 vegetable crudité..... 4
carrot, celery and cherry tomato with peanut butter
- 🍎 caesar salad..... 6
crispy romaine, croutons, creamy dressing
- 🍎 vermont farm lettuce salad..... 6
carrot threads, tomato, maple balsamic vinaigrette

entrées

7

- individual cheese pizza
- 🍎 pasta with red sauce
- 🍎🍎 traditional mac & cheese
- junior slider with cheese
choice of fruit salad, veggies or french fries
- north country hot dog
choice of fruit salad, veggies or french fries
- all natural chicken fingers
choice of fruit salad, veggies or french fries
- 🍎 grilled cheese
choice of fruit salad, veggies or french fries
- peanut butter & jelly
choice of fruit salad or veggies
- fluffernutter
choice of fruit salad or veggies
- 🍎 nuttella and jelly
choice of fruit salad or veggies

bigger plates

available 5:30pm-10:00pm

choose two sides:
steamed carrots, sweet potato puree,
french fries, brussel sprouts,
mac & cheese, mashed potato,
side salad

- 🍎 beef tenderloin..... 17
- 🍎 seasonal fish..... 15
- 🍎 grilled marinated chicken breast..... 15

desserts

- seasonal ice cream..... 4
- 🍎 fresh berries..... 5
- two cookies & milk..... 8
- trio of cookies..... 5
- mini cupcakes..... 6
- 🍎 local organic apple sauce..... 3

parents

feel free to substitute fruits or vegetables for the children's entrées listed above. we are more than happy to accommodate your children's needs or your dietary requests on their behalf.



A Destination Kids Café Healthy Choice



A 2011 Healthy Kids Recipe Contest Winner



SOLSTICE USES LOCAL NATURAL PRODUCTS WHENEVER POSSIBLE
PLEASE ADVISE US IF YOU HAVE ANY DIETARY CONCERNS OR FOOD ALLERGIES.
CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE
YOUR RISK OF FOOD BORNE ILLNESES ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS
11.28.2011